



# NEWSLETTER

## 2008-2009 PRESENTATION NIGHT

Our annual presentation night was held at Barry Road Hall on the 30th of May. The evening ran flawlessly and was an enjoyable night for all.

Not only were the swimmers awarded for their gallant efforts over the past season but it was a great chance for all of the families to get together and dance the night away.

Many awards were handed out including club championships trophies, winter interclub pennants, JX packs and proficiency badges among others.

This year we had two deserving winners in both the President's award and the Coach's award. The President's award was presented to **Frank Lekkas** for his determination to keep training and competing through injury and VCE. The Coach's award went to **Hope Henley** who not only competed at the National Age Open Water Championships this year but also qualified for the National Age Championships in the 200m Backstroke. Congratulations to both of you!

Congratulations to our 2008-2009 Age Champions:

16/Over	<b>Frank Lekkas</b>	<b>Tara Bethke</b>
14/15	<b>Kris Miles</b>	<b>Hope Henley</b>
12/13	<b>Tommaso Maranco</b>	<b>Claudia Fruscalzo</b>
10/11	<b>Christian Picerni</b>	<b>Chloe Abdilla</b>
9/Under	<b>Matthew Johnson</b>	<b>Seren Akyuce</b>

## July 2009



### June Birthdays

**Sophie Anestakis**

**Celina Huynh**

**Kristin Miles**

### July Birthdays

**Gavin Trewella**

**Grant Trewella**

### August Birthdays

**Caitlyn Miles**

**Christian Picerni**

### Club Uniform

<b>Swim Caps:</b> \$14	Available from Maria. Club swim caps must be worn at ALL meets to ensure Peter can identify you as an AQUAJETS swimmer when competing.
<b>Polo Shirts:</b> \$40	
<b>Tracksuits:</b> \$150	
<b>Beanies:</b> \$15	
<b>Caps:</b> \$15	
<b>Training Bathers</b>	
<b>Boys 6 - 14:</b> \$25	
<b>Girls 6 - 14:</b> \$35	

Although there were not as many PB Challenge events as in previous years due to the pool change, the PB Challenge placegetters are as follows

1st **Chloe Abdilla**                      2nd **Brent Mifsud**                      3rd **Jessica Tatarskyj**

Swimming Australian Junior Excellence Packs were also awarded to swimmers under 13 years of age who had swum under certain times.

Green:        **Sophie Anestakis, James Doyle, Caitlyn Miles, Joanna Picerni**

Bronze:      **Seren Akyuce, Daniel Berto, Deanna Fruscalza**

Silver:       **Chloe Abdilla, Izel Akyuce, Rachel Johnson, Brent Mifsud**

Gold:        **Claudia Fruscalzo, Kirsten Scalone, Jessica Tatarskyj**

Our Club Captains for the 2009-2010 season were announced with **Grant Trewella** taking on the male role and **Claudia Fruscalzo** representing the females.

Well done and congratulations to all of our swimmers, particularly those who worked hard throughout season and achieved many of their goals.

Thank you to the committee members who organized the evening, as well as those volunteers who helped with both setting up and cleaning up of the venue. Your help is greatly appreciated!



## **RINGWOOD SHORT COURSE MEET**

Frank and myself both competed at the Ringwood SC on the 6th of June at MSAC. I swum a 3 second PB in my 200 IM to gain my state time for that event and a 2.5 second PB in the 200 freestyle to finish third. Frank swum an amazing 10 second PB in the 200m breaststroke and a 6 second PB in the 200 freestyle.

Grant Trewella

## **METRO NORTH SHORT COURSE TT**

The Metro North SC TT's were held on the 20th of June at Carey. Our swimmers competing included Adrian, Grant, Gavin, Daniel, Tommaso, Chloe, Maria and Jessica.

On the day Daniel, Gavin, Adrian, Chloe, Jessica and Tommaso all swum PB's, some even up to five seconds off their previous best.

Well Done!

## **MELBOURNE VICENTRE SHORT COURSE CA TRITONS SHORT COURSE**

I competed at the Melbourne Vicentre SC in at MSAC on the 27th of June and swum PB's in all four of my events. A three second PB in the 100 back gained me my state qualifying time, a half a second PB in the 100 breast got me my state open qualifying time, a 2 second PB in the 100 fly, and a half a second PB in the 100 free to give me a 59.72, finally I broke the 1 minute barrier.

The next day Frank and I competed at the CA Tritons SC once again at MSAC with both of us swimming in the same heat for the 400 free and 200 breast. I swum a 14 second PB while Frank battling an injury only swum two seconds slower than his PB in the 400m Free. An hour later we both competed in the 200 breast. I swum a two and a half second PB while Frank swum just a second slower than his PB. Frank then swum in the 100 breast to finish just 2 seconds slower than his PB.

Grant Trewella

## **MELTON SHORT COURSE MEET**

On Sunday 27th of June, we made our way to Melton, to their annual short course competition. We all had fun and swam well. There were lots of PB's and everyone tried their best. The swimmers were Kristen, Sophie, Izel, Seren, Daniel; the support team was Caitlyn and Stephanie that cheered from the side lines, as well as all our families. In between swims, there was a wave pool to relax and rejuvenate. We should all thank a quick thinking Kris who saved a drowning girl and handed her back to her non-English speaking grandma. At the end of the meet we left to enjoy ourselves for a well deserved feast at Mc Donald's.

Daniel Berto



## METRO NORTH AGGREGATE BI

On Sunday 21st June, the team made their way out to Bulleen and competed in the first of three Metro North Aggregates held at the Carey Swimming Pool. The night was very successful with all swimmers putting in 110%. At the end of the meet the scores were read out and the Aquajets were in first place with 125 points. Diamond Creek were second with 85 points and Mill Park and Diamond Valley are coming third and fourth.

The next aggregate is to be held at Carey on the 2nd of August.



## BOWLING NIGHT AT EPPING

“Look Out Australia, the Aquajets Ten Pin Bowling Team is coming”

On Saturday 4th July, the team swapped the swimming lanes for the bowling lanes at Epping's OZ Bowling. We all put on our shoes, grabbed our bowling balls and bowled away. Even though we may not have any world champions, the night was very fun for all.



## 2009-2010 COMMITTEE

Thankyou to the following parents who are putting in their time and efforts to organise events and create a better environment for our swimmers.

President:	Russell Trewella
Vice-President:	Pauline Tatarskyj
Treasurer:	Maria Aiezza
Secretary:	Sandra Berto
Competitions:	John Berto
General Committee:	Nicole Anestakis, Van Nguyen

## CHOCOLATE FUND RAISER

It's that time of year when the committee is relying on the members of our club to help raise money by selling chocolates. Thank you to all the families that have taken boxes home and are now in the process of selling them. Once you have sold your chocolates please bring the money back to the club in the envelope provided. Ensure you have put your name on it. There are still a number of boxes available, so if your up to it please see Cathy Abdilla.



Your efforts are really appreciated.

## COMPETITION ENTRY FORMS

In the past, the club has had a few issues with our swimmer's competition entry forms. Can all parents please ensure that all details and monies are accurate to make it easier for John to collate and post on time. It would be disappointing if one of our swimmers missed out because their entry form was incorrectly filled out or there was insufficient money. If you have any queries on how to fill out these forms, please see any of the committee members for assistance.

## HELP WANTED

This month, the newsletter has taken on a new look. It has more articles, more photos and important information for all the swimmers. However, it just doesn't go together on its own. To put this newsletter together, a lot of time and effort was taken as information and photos are not always readily available.

It would be great if all the swimmers and their families could contribute by telling us about that swim meet you went to or offer photos of the last meet you competed in.

If you have something to add, please give it to any of the committee members to pass on to me so that I can put it in the next newsletter.

Finally, I'd like to thank Grant for this great looking newsletter.

Felix Abdilla

## Aquajets Winter Calendar

Date	Swim Meet	Venue	Entries Close	Comments
<b>July</b>				
5	Aquajets Bowling Evening	Oz Ten Pin	01/07/09	Everyone
12	Mill Park Invitational	Mill Park	1/07/2009	All athletes
12	Metro West Short Course	MSAC	30/06/2009	Nat./State/State Dev.
18-19	Victorian Open Short Course Championships	MSAC	6/07/2009	Qualifying Times
<b>August</b>				
2	Metro North B2 Aggregate	Carey	N/A	For selected swimmers
15	Nunawading Short Course	MSAC	28/07/2009	Nat./State/State Dev.
16	Metro North B3 Aggregate	Carey	N/A	For selected swimmers
22	Eltham Short Course	MSAC	14/08/2009	Nat./State/State Dev.
<b>September</b>				
5-6	Victorian Age Short Course Championships	MSAC	24/08/2009	Qualifying Times
13	Kilmore Short Course	Kilmore	14/08/2009	All athletes
<b>October</b>				
4	Metro North Age Championships	MSAC		All athletes
10	Metro North 10/u & Open Championships	MSAC		All athletes
17	Victorian Open Water Championships	Hazelwood		For selected swimmers

Club events are subject to change.

For full listings and programs please visit [www.aquajets.com.au](http://www.aquajets.com.au) or  
[www.swimmingvictoria.org.au](http://www.swimmingvictoria.org.au)

### CLUB CONTACTS

Coaching	Peter	8300 7707
Finance	Maria A	9465 5579
Competitions	John Berto	
Fundraising	aquajets_fun_raising@hotmail.com	
Secretary	Sandra Berto	

Don't forget to notify the committee immediately of any changes to your contact details, such as phone numbers or addresses.

The club is always looking for articles and other items to place in our newsletter. If you would like to contribute to the newsletter please have your item submitted by Monday 2nd August.

### REBEL SPORT—DISCOUNT CARDS

**Don't forget to use your Rebel Sport MVP card whenever you shop at Rebel.**

By showing this card at any Rebel Sport outlet, you will receive a 5% discount on all full priced items. **PLUS 5% off your purchase comes back to our club!**

*These cards are now being updated by the stores. So next time you are at Rebel sport and tell them what club you are with they will update your details and issue you with a new card even if you don't already have one of the above cards. Any Rebel Sport Store will update for you.*

