



NEWSLETTER

NATIONAL AGE CHAMPIONSHIPS— SYDNEY

On Friday the 10th April 2009, my parents and I flew into Sydney Airport. We were in Sydney for the National Age Swimming Championships which were being held at SOPAC.

I had qualified for one event, the 200mt backstroke, which was to be held on Monday 13th of April.

We took the train which is located in the airport to George St. and walked down to our hotel. Our hotel was in China Town, so for the rest of Friday we shopped at the China Town Markets.

On Saturday we shopped again and went sightseeing on the Ferries around the Harbour. Then we went to SOPAC for a training session.

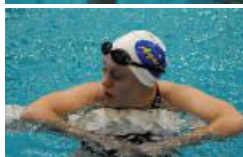
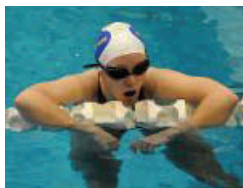
On Sunday we went to the markets at the “Rocks” while we were waiting for Peter to arrive from Melbourne. We then went to SOPAC with Peter for a training session. Then straight back to the hotel for an early night.

Race day arrived and we caught a train to SOPAC and arrived at 8.00am for a warm up. I was quite nervous but came out of my event with my second fastest time. The pressure was over, I had swam well, and all I really wanted was a cool down and food.

For the next 2 days we went sight seeing around Sydney including a trip to Taronga Zoo and Climbing the Sydney Harbour Bridge. The whole trip was great fun. I met some old friends and made some new friends. I enjoyed the whole experience and I hope to go again next year.

*My whole years training, good and bad, was worth that one day:
Monday 13th April 2009.*

Hope Henley



April 2009



May Birthdays

Claudia Fruscalzo



Uniform

Swim Caps	\$14
Polo Shirts	\$40
Tracksuits	\$150
Beanies	\$15
Caps	\$15
Training Bathers	
Boys 6 - 14	\$25
Girls 6 - 14	\$35

Available from Maria.

Club swim caps must be worn at ALL meets to ensure Peter can identify you as an *AQUAJETS* swimmer when competing.

It is also recommended that swimmers wear **ROYAL BLUE** bathers (our club colour), during competition.

Metro Nth 11/over encouragement

On the 28th March 2009, **Chloe A, Christian P, Izel A, Rachel J, Sophie A, Tommaso M, Daniel B, Gavin T, Patrick D, Adrian T**, and 2 of our more senior swimmers **Lisa B** and **Sharyn J** competed in the Metro North 11 to Senior Encouragement competition at Richmond Pool.

Medals were awarded to Chloe 2B, Christian 2G, Rachel 1S, 1B, Tommaso 1S, 3B, Daniel 1S, 1B, Gavin 1B, and Lisa and Sharyn won a gold medal in each of their events, congratulations and well done. Congratulation to: Izel, Sophie, Rachel, Gavin, Patrick, Adrian, Daniel and Christian who were awarded ribbons on the night. Well done to all our swimmers.

A big thankyou to all our volunteers on the night.

Swimmer Profile—Sharyn Jacobson.

Sharyn Jacobson (nee Cruickshank) was a member of the The Lalor Swimming Club from 1984-88. Her sister Kristine was also a member during this time and her father Frank Cruickshank was the coach. This Club was the predecessor of the Epping Aquajets Swimming Club. The Lalor pool was located in High Street before their was a Thomastown Pool and Recreation Centre. Sharyn's oldest child Samantha now is a member of Aquajets. Sharyn attended the Metro Nth. encouragement meet in March and is still winning Gold after being out of the sport for about 20 years.



VSSSA SWIMMING 2009

On Wednesday 18th March, I went to Oak Park Swimming Pool to represent my school in the 2009 Victorian Primary Schools' Sports Association (VPSSA) Swimming Championships. The days events consisted of the swimmers from schools in 4 regions, Western, North-Western, Tullamarine and Calder Plains compete for a place in the VPSSA state finals at MSAC. Swimmers needed to compete in their regional heats first, and the best two times in each region competed at the end of the day in the finals.

I raced in the 12 / 13year 50m fly event and managed to get the best time for the heat. An hour later I had to compete against the other 7 finalists from the other regions. Even though I missed swimming my PB for the 50m fly, I still swam a good race and once again came 1st with the best time. This month on the 27th, I will be going to MSAC to compete in the State Finals.

Chloe Abdilla



CLUB CHAMPIONSHIPS

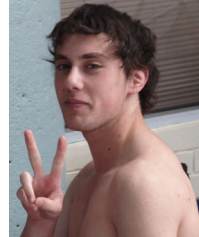
Our annual Club Championships were held on March 29th and April 5th. Well done to all our swimmers particularly those who swam PBs and those who achieved new club records.

Thank you to the many parents who willingly volunteered to assist with time keeping and other official duties.

The winners will be announced at our Presentation Night to be held at the Barry Rd. Community Hall on Saturday 30th May.

Thank you to Maria Aiezza and Pat for all their hard work organizing the BBQ at the completion of the competition.

Thank you to John Berto who donated a new BBQ to the club, to replace the old one (no longer in service).



REMINDER—REGISTRATION 2009/2010

The new swimming season commences on May 1st 2009. The registration fees that are due include Swimming Australia & Swimming Victoria fees. Swimmers cannot enter competitions unless they register with the above governing bodies. **FEES ARE DUE BY MAY 17th 2009.**

PRESENTATION NIGHT

Presentation night this year will be held on **Saturday 30th May 2009**, at the Barry Rd. Hall. Tickets for the night will be **\$25.00** per family and singles **\$10.00**.

We would like each family to bring a plate on the night for supper and the club will provide tea and coffee.

We are also asking if each family could bring an item for our *annual hamper raffle* which will be drawn on the night.

The committee would like to thank everyone for their help.

SEASON 2008-2009

With Season 2008-2009 at an end, the club thanks the outgoing committee for the time and energy given over the past year.

Russell Trewella (President and Metro North Delegate), **Maria Aiezza** (Treasurer and Uniforms), **Daphne Budisavljevic** (Vice President), **Lisa Bethke** (Competitions Officer), **Julie Henley** (Secretary and Newsletter Editor). General Committee: **Peter Higgins**, **Sandra Miles**, **Nicole Anestakis**, **Miriam Ismail**. **Tara Bethke** and **Marissa Fruscalzo**.

METRO NTH PRESENTATION

On Sunday 19th April Metro North Presentation for Open Age Championships and Age Championships were held at Yarra Plenty Swimming Club in their club rooms at Greensborough.

The day ran smoothly and the BBQ afterwards was enjoyable.

1st Place and District Age Champion:

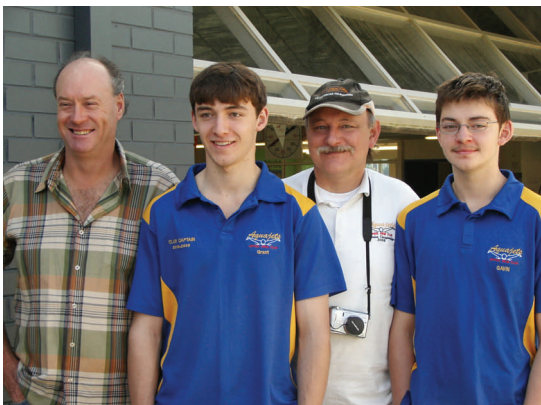
Girls 11 years	Jessica Tatarskyj
Girls 14/15 years	Hope Henley
Girls 18/0ver	Tara Bethke
Girls Open	Hope Henley
Boys Open	Kristen Miles

2nd Place:

Girls Open	Claudia Fruscalzo
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3rd Place:

Boys 7 years	Matthew Johnson
Girls 12/13 years	Claudia Fruscalzo
Boys Open	Grant Trewella



PRESENTATION NIGHT

Presentation Night for Season 2008/2009 will be held at the Barry Road Community Hall, Barry Rd, Thomastown on **Saturday May 30 at 7.00pm.**

Various awards will be presented including Club Championships trophies and medals, Winter Interclub awards, PB Challenge winners, Proficiencies amongst others.

Could everyone support our annual presentation night raffle by selling their book of tickets and making sure we have the stubbs by or on presentation night. Thankyou.

We are also asking each family if they can bring a plate on the night to be served for supper.

It will be the same format as other years: BYO food and drink, tea and coffee will be provided by the club.

Entry fee: \$25.00 per family, \$10.00 per individual.

Please fill out and return the form below with payment **ASAP** to Maria or Peter Thank-you.

I will/will not be attending:

Name of family: _____

Ammount Enclosed: _____

We hope to see as many members of the club as possible on the night.

Calendar 2009

<u>DATE</u>	<u>EVENT</u>	<u>VENUE</u>	<u>CLOSING DATE</u>
May 11 May 30	<i>AGM Aquajets presentation night</i>	<i>Reservoir Barry Rd.</i>	

Swim meets are also listed on the Swimming Victoria website: www.swimmingvictoria.org.au
PB Challenge and Club events are subject to change

CLUB CONTACTS

Coaching	Peter	8300 7707
Finance	Maria A	9465 5579
Competitions	Lisa	9467 2914
Fundraising	aquajets_fun_raising@hotmail.com	
Secretary	Julie	9466 3412



PLEASE ENSURE YOU HAVE YOUR MEET ENTRIES IN BY THE DUE DATE. ENTRIES HANDED IN LATE WILL NO LONGER BE ACCEPTED.

Items for the next newsletter are to be submitted no later than **Monday May 11th**. Articles from the swimmers are highly encouraged.

REBEL SPORT—DISCOUNT CARDS

Don't forget to use your Rebel Sport MVP card whenever you shop at Rebel.

By showing this card at any Rebel Sport outlet, you will receive a 5% discount on all full priced items. **PLUS 5% off your purchase comes back to our club!**

These cards are now being updated by the stores. So next time you are at Rebel sport and tell them what club you are with they will update your details and issue you with a new card even if you don't already have one of the above cards.

Any Rebel Sport Store will update for you.

DON'T FORGET TO NOTIFY THE COMMITTEE IMMEDIATELY OF ANY CHANGES TO YOUR CONTACT DETAILS, SUCH AS PHONE NUMBERS AND ADDRESSES.

