



NEWSLETTER

April 2007

NATIONAL AGE OPEN WATER CHAMPIONSHIPS

On the 10th of March 2007 my mum, dad and I left Melbourne airport on a plane headed for Perth. I was in Perth to swim in the 2007 National 5 km swim. Leading up to my swim I wasn't allowed to slack off and still had to train each day (even when Peter wasn't there) to make sure I was in fit form for my race. However, I still had plenty of time to see the sights and have a holiday. My highlight of the week being the day we spent at Rott-



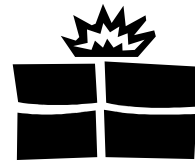
nest Island, sightseeing and especially snorkelling in one of the many bays around the island. I saw crayfish, fish, a sea slug, coral and many colourful plants. Prior to my race my determination was tested when my handbag was stolen from the back seat of our hire car. Despite the fact that all of my most wanted items were in the bag I was still determined to forget my misfortune and swim the next day to the best of my ability. On the day of my race I had to stay focused and in control which was hard because I couldn't stop thinking of the jellyfish in the water. My fear was however wasted because the jellyfish were perfectly harmless and were not stingers. My race didn't go quite so smoothly as my goggles fogged and due to my slimy wool fat covered fingers, cleaning just made it worse. For several hundred metres I had to swim with my goggles off and head out of the water and still I went off course! However, I believe I still did reasonably well given the circumstances as I got a four minute PB, was the first 13 year old Victorian to cross the line and I improved my place from 20th to 17th. Despite the mishaps that befell me before and during my race I am determined to go to the 2008 Nationals which are to be held in Queensland.

By *Hope Henley*



May Birthdays

*Aneta Boskovska
Aloisa Budisavljevic
Daniela Dimitrijovska
Claudia Fruscalzo
Jasdeep Sandhu
Jessica Weir*



Uniform

Swim Caps	\$14
* NEW* Polo Shirts	
Tracksuits	\$150
Beanies	\$15
Caps	\$15
Training Bathers	
Boys 6 - 14	\$25
Girls 6 - 14	\$35

Available from Maria.

Club swim caps must be worn at ALL meets to ensure Peter can identify you as an **AQUAJETS** swimmer when competing.

It is also recommended that swimmers wear **ROYAL BLUE** bathers (our club colour), during competition.

SEASON 2006-2007

With Season 2006-2007 at an end, the club thanks the outgoing committee for the time and energy given over the past year. Warrick O'Neill (President and Metro North Delegate), Russell Trewella (Vice President and Webmaster), Maria Aiezza (Treasurer and Uniforms), Lisa Bethke (Secretary, Competitions Officer and Newsletter Editor), Rita Lekkas (Fundraising and Social Committee), Peter Higgins and Julie Henley (General Committee).

PB CHALLENGE

Our final PB Challenge for season 2006/2007 was held on April 22. Congratulations to Gavin who was our highest point scorer on the day with a huge 83 points. Well done Gavin!

With the PB Challenge now concluded, points have been tallied to determine the overall winner for the season, who will be presented with their award on Presentation Night on June 16.

The PB Challenge is for ALL club swimmers regardless of age or ability. Your times are recorded and points are awarded for each swim. More points are given for beating your Personal Best times.

Results from PB Challenges are posted on the noticeboard and website as soon as possible after each challenge.



PRESENTATION NIGHT

Presentation Night for Season 2006/2007 will be held at the Barry Road Community Hall, Barry Rd, Thomastown on **Saturday June 16**. Various awards will be presented including Club Championships trophies and medals, Winter Interclub awards, PB Challenge winners, proficiencies amongst others. Full details will be issued during May.

Swimmer Profile

Swimmer Of The Month

Congratulations to Kirsten for working hard at training this month. This resulted in Kirsten swimming exceptionally well and earning PBs and a 6th place at the VPSSA Swimming Finals.



NAME:	Kirsten Scalone
AGE:	10 years
FAVOURITE STROKE / EVENT:	Backstroke
BEST STROKE:	Breaststroke
FAVOURITE TRAINING SETS:	75m back/breast/free and backstroke drills
FAVOURITE TV SHOW:	The Simpsons
OTHER SPORTS :	Soccer
FAVOURITE FOOD:	Pizza
FAVOURITE SINGER:	Gwen Stefani
FOOTY TEAM:	Richmond

ALL JUNIOR SEMI-FINALS and FINALS April 28 and 29



On the 28th of April, **Caitlyn M, Deanna F, Claudia, Hope, Jessica T, Rachel, Amanda, Grant** and **Kris** competed at the Metro All Junior Semi Finals. Some terrific times were recorded and amazing performances swam. **Claudia, Grant** and **Jessica** made it through to the next day by finishing in the top ten. The 29th was the All Junior Finals. **Claudia** competed in the 50m Butterfly first up finishing 10th, 4th in 50m Backstroke (0.01 seconds from 3rd placing) and 3rd in the 50m Freestyle with a marvellous swim. Grant competed in the 50m Breaststroke finishing 2nd and Jessica finished 9th in the 50m Freestyle. It was a terrific two days to end the 06-07 season. Well Done!

By *Grant Trewella*

METRO NORTH ENCOURAGEMENTS 10/under March 17

3 Aquajets swimmers attended the Metro North Encouragements held on Saturday March 17. Congratulations to **Caitlyn M** who swam 3 PBs and earned 2 silver and 1 bronze medal and a place ribbon. Well done also to **Deanna** who swam 2 PBs and earned a place ribbon and **Aloisa** who swam 1 PB and earned 2 place ribbons.

METRO NORTH ENCOURAGEMENTS 11/over April 21



Fourteen members of Epping Aquajets participated in the Metro North Encouragement meet held at Richmond pool on April 21.

Aquajets swimmers were keen to perform well at one of the last meets of the season, with PBs being earned by **Gavin, Grant, Kris, Daniel, Stephanie A, Rosalyn** and **Tara**. Fantastic swimming!



Medals were on offer to those placing in the top 3 of each event, and large Metro North ribbons were handed out to swimmers finishing in 4th to 8th positions.

Congratulations to the recipients: **Rosalyn** (2 GOLD, 1 BRONZE, 1 ribbon), **Tara** (1 SILVER, 1 BRONZE, 1 ribbon), **Rachel** (1 BRONZE, 2 ribbons), **Grant** (1 BRONZE, 1 ribbon), **Kris** (3 ribbons) and **Stephanie A** (1 ribbon).

A huge thankyou to our volunteer timekeepers: **Nicole, Sandra M, Sandra B, Lisa, Denise, Maria P, Russell** and **George**.

SCHOOL SWIMMING

VPSSA Congratulations to all participants from Epping Aquajets in the Victorian Primary School Swimming competition. Special congratulations go to **Kirsten Scalone** and **Jessica Tatarskyj** who both reached finals in their respective age groups. Well done girls.

VSSSA Aquajets had numerous participants in the Victorian Secondary School Swimming competition this year. Most of our swimmers qualified for their zone finals with many receiving medals in their events. Congratulations to State Finalists **Grant Trewella, Kris Miles, Jake Jones, Hope Henley, Kelsey McCloskey-Huckin** and **Tara Bethke**. **Kris, Grant** and **Kelsey** each earned State Championship medals. Congratulations!

Independent With many different competitions on offer, our Independent and Catholic school swimmers also performed well in their respective competitions. Congratulations to **Lauren Scalone** who medalled in the Catholic All Schools swimming competition.

(If anyone has been omitted, please pass the details on to our newsletter editor for inclusion in next months edition. Thankyou.)

CLUB SHIRTS

Aquajets now has great looking new club shirts for sale, just like the ones our 2007 state team wear. Ensure we look like a team of champions at Metro North meets and other competitions such as Eaglehawk, Echuca, etc. Purchase a new team shirt now! They look fantastic, and are quick drying as well. See Maria A for details.

WELCOME TO NEW MEMBERS

Welcome to the
following swimmers
and their families:

Tulga Ozdemir
Jasdeep Sandhu
Amanda Stone

Please check the notice board regularly for news items, changes to training sessions, details of upcoming swim meets and details of closing dates. Not all information is available at the time of printing of the newsletter.

Any meet entries that are to be given to Lisa must be handed in with a **FULLY COMPLETED ENTRY CARD** and **FULL PAYMENT** in a sealed envelope with swimmer's name, meet name and amount enclosed written clearly on the front.

If you are unsure how to complete your entry cards, feel free to ask for assistance.



A.G.M

The Annual General Meeting of the Epping Aquajets Swimming Club Inc will be held at TRAC on **Sunday May 6 at 9am.**

At least one parent from each family MUST attend.
New committee members are required urgently to fill vacant positions next season.

FUNDRAISING and SOCIAL UPDATE

Harry Potter

The fifth instalment of the Harry Potter series, *HARRY POTTER AND THE ORDER OF THE PHEONIX*, will be hitting the cinemas this July.

Our social committee has made a booking for our club for **Saturday July 14** so please keep this day free and be one of the first to see the next exciting chapter in the Harry Potter series.



Easter Raffle



Thankyou to the families that supported our Easter Raffle by buying and selling tickets and donating items for our hamper.

Congratulations to our lucky winners:

- 1st **Hope Henley**
- 2nd Paula c/- the **Miles family**
- 3rd Verna Mears c/- the **Trewella family**

CLUB CHAMPIONSHIPS MARCH 18 and 25

Our annual Club Championships were held on March 18 and 25 with 48 of our swimmers participating. Well done to all swimmers, particularly those who swam PBs as well as the many who cheered on their fellow team mates with loads of enthusiasm!

Thankyou to the many parents who willingly volunteered to assist with timekeeping and other official duties, particularly **Julie** for marshalling both days, **John S** for being our chief timekeeper both days and our intrepid starter and judge **Peter H**.

Winners will be announce at our Presentation Night to be held at the Barry Rd Community Hall on Saturday June 16.

A BBQ for members and their families was held at the conclusion of the Club Championships at the reserve behind TRAC. A huge thankyou to **Rita** and her team for organizing this function.



Calendar 2007

<u>DATE</u>	<u>EVENT</u>	<u>VENUE</u>	<u>CLOSING DATE</u>
May 1	New Season Commences		
May 5	Metro North Presentation	Barry Rd	
May 6	<i>Epping Aquajets AGM</i>	<i>TRAC</i>	
May 6	<i>Coach/Parent meeting</i>	<i>TRAC</i>	
June 3	Metro Nth Aggregate Week 1	Carey	
June 16	<i>Presentation Night</i>	<i>Barry Rd</i>	
July 20	Winter Interclub Week 1	MSAC	
July 21,22	SV Open SC Championships	MSAC	
July 27	Winter Interclub Week 2	MSAC	
Aug 3	Winter Interclub Week 3	MSAC	
Aug 10	Winter Interclub Week 4	MSAC	
Aug 12	Metro Nth Aggregate Week 2	Carey	
Aug 17	Winter Interclub Week 5	MSAC	

Swim meets are also listed on the Swimming Victoria website: www.swimmingvictoria.org.au
PB Challenge and Club events are subject to change

CLUB CONTACTS

Coaching	Peter	8300 7707
Finance	Maria A	9465 5579
Competitions	Lisa	9467 2914
Fundraising	aquajets_fun_raising@hotmail.com	

REBEL SPORT—DISCOUNT CARDS

Don't forget to use your Rebel Sport MVP card whenever you shop at Rebel. By showing this card at any Rebel Sport outlet, you will receive a 5% discount on all full priced items (excluding gift vouchers, ski hire and ski lift ticket purchases). PLUS 5% of your purchase comes back to our club!

Extra cards for friends or family can be obtained from Maria Pane or Nicole Anestakis.



Items for the next newsletter are to be submitted
no later than

Monday May 14.

Articles from the swimmers are highly encouraged.

GO SWIM BAGS

If there are any 12 years and under swimmers who have not yet received their Swimming Australia Go Swim Bag, please see Lisa.



PLEASE ENSURE YOU HAVE YOUR MEET ENTRIES IN BY THE DUE DATE. ENTRIES HANDED IN LATE WILL NO LONGER BE ACCEPTED.

DON'T FORGET TO NOTIFY THE COMMITTEE IMMEDIATELY OF ANY CHANGES TO YOUR CONTACT DETAILS, SUCH AS PHONE NUMBERS AND ADDRESSES.