



NEWSLETTER

WELCOME

Welcome to all swimmers and their families to Season 2005 / 2006. Let's hope everyone enjoys a fun-filled and successful year of swimming.

I would like to introduce the Aquajets Committee for this season:

President: Warrick O'Neill

Vice President: Lisa Bethke

Secretary: Gary Hesline

Treasurer: Maria Aiezza

Coach: Peter Higgins

Committee: Russell Trewella

Committee member vacancies still exist.

Our club is run by **VOLUNTEERS**. Please consider becoming a paid up member of the club. For \$15 you will:

- become a club member,
- become a member of Swimming Victoria,
- be able to participate in the decisions the club makes for your children, and
- be covered by Swimming Victoria insurance when poolside.

July 2005



Birthdays July / August

*James Murray
Mitchell O'Neill
Michael Pane
Mario Rametta
Natasha Todorovska
Grant Trewella
Stephanie Vu*

PARENT LUNCHEON

To increase awareness and encourage parent involvement, the club recently had an information luncheon for all parents. As a result we are pleased to advise that the club has a new **Social Events and Fundraising sub-committee**. We gratefully acknowledge our volunteers:

Nicole Anestakis, Rita Lekkas, Karen O'Neill, Maria Pane, De-lyse Phillips, Elizabeth Prattico, Judy Soon and Russell Trewella.

In addition, a **Pool sub-committee** was also formed. Thankyou to:

Julie Henley, Joe Prattico, Terese Crea and Gary Hesline. They will endeavour to see that our club's needs are taken into consideration by council when discussions are held regarding any future development of the pools at TRAC.

Thankyou also to **Warrick** who has taken on the position of President upon the retirement of **Alfina Cac-cetta**, who will be missed by the club. **Warrick** will also be our Metro North delegate this season.



Uniform

Swim Caps	\$14
Polo Shirts	\$30
Tracksuits	\$150
Beanies	\$15
Caps	\$15
Training Bathers	
Boys 6 - 14	\$25
Girls 6 - 14	\$35

Available from Maria.

Club swim caps must be worn at ALL meets to ensure Peter can identify you as an **AQUAJETS** swimmer when competing.

It is also recommended that swimmers wear bathers, during competition, in our club colour of **ROYAL BLUE**.

HELPFUL HINT OF THE MONTH

Check your goggles and cap before the start of practice and swim meets. If possible, have a spare on hand in case the unforeseeable happens!

Next committee meeting will be held at TRAC on Sunday August 14 at 9.30 a.m. All parents are welcome to attend.

Recent Competitions

Metro North Aggregate

Excellent swimming by our team in week 2 saw us win the points for the night over our main rivals, Ivanhoe Neons. Current standings after the second week are:

Ivanhoe Neons	168 pts
EPPING AQUAJETS	148 pts
Regent Reservoir	53 pts
Leisure City Dolphins	16 pts
Links	11 pts

With one week remaining (August 14) it will be out of us and Ivanhoe Neons as to which club will take home the C grade trophy. GO AQUAJETS!

Winter Interclub

Many PB's have been swum already, and we still have 3 weeks to go! At the senior end of the pool, our Senior 1 team has had success both nights and should be leading the table. Senior 2 have swum PB's nearly every time but have come up against some tough competition. Week 2 saw them beat their opposition in a hard fought battle. At the Junior end of the pool our teams 1 and 2 had great wins on week 2 placing them both in good positions on the ladder. For most members of Junior 3, this is their first Interclub experience and they are all swimming exceptionally well. Good luck next week.

Swimming Victoria

By now many members will have received their SV Membership Card and voucher booklet. To find out more information about SV Membership benefits, or to find out any information regarding Swimming Victoria (including details of swim meets, qualifying times, etc.,) check out their web site:

www.swimmingvictoria.org.au

Swimmer Profiles

Club Captains



Name: Tara Bethke

Age: 15

Favourite Stroke / Event: 400m freestyle, at the moment, because I did a really big PB.

What do I like most about training?

The social aspect, and diving/turns practice.

Favourite food: Chocolate

Favourite band / music: Korn

Favourite TV show: Amazing Race and South Park

Footy team: Carlton

Other sports: Netball

My aim in swimming: To stay fit and to swim 50 m free under 33 seconds by end of year.

Name: Matthew Pane

Age: 14

Favourite stroke / Event: Butterfly

What do I like most about training? The social side and diving sprints.

Favourite food: Pizza

Favourite band / music: Red Hot Chilli Peppers

Favourite TV show: The Simpsons

Footy team: Carlton

Other sports: Footy

My aim in swimming: To keep fit and to make Nationals.

Aquajets Distance Competition August 7

Aquajets will be conducting our first **Distance Competition** for club swimmers at 9 a.m. on **Sunday August 7, 2005**.

Entries are to be on the attached form/s and handed in to Lisa or Peter by Wednesday August 3.

Events are:

Entry is **FREE** and ALL club swimmers are expected to attend.

Development Squad	200m Free
12 / under	400m Free
Open to ALL swimmers	800m Free

All successful participants will receive a certificate showing the distance and time achieved.

BOWLING NIGHT

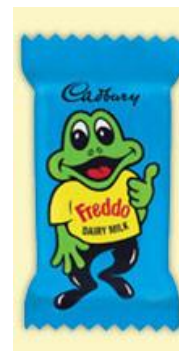
*Don't forget our bowling night, which has been booked at **Keon Park Bowl for 7.30 pm on Saturday August 20**. Get your twinkle toes ready for a fun night of bowling under the disco lights.*



*To secure your booking, forms and money must be returned to **Rita** no later than **Wednesday July 27**.*

Chocolate Drive

Our chocolate drive is well under way. There are mixed boxes of \$1 Cadbury products including the popular **Freddos** and **Caramello Koalas**, as well as some yummy **Summer Rolls** and **Honey Nougat Logs** to name a few. Our coordinator for the drive is **Russell**, so if you have not yet received a box to sell, or you require more, he is the person to see. Please ensure all monies are returned to Russell in the envelope provided, sealed with your name clearly marked on the front by **SUNDAY AUGUST 14**.



PLEASE SUPPORT OUR FUNDRAISING EFFORTS,
IT IS FOR THE BENEFIT OF ALL CLUB MEMBERS.

DATES TO REMEMBER

Aug 7	Aquajets Distance Competition
Aug 12	Winter Interclub Week 4
Aug 14	Committee Meeting
Aug 14	C3 Aggregate at Carey
Aug 19	Winter Interclub Week 5
Aug 20	Bowling Night at Keon Park
Aug 28	PB Challenge
Sep 4	2005 Victorian Age SC C'ships
Sep 10	2005 Victorian Age SC C'ships
Sep 11	2005 Victorian Age SC C'ships
Sep 18	PB Challenge
Oct 2	Metro Nth Age Championships
Oct 9	15th Western Region Carnival
Oct 22	SV Open Water Championships
Oct 30	PB Challenge
Nov 6	SV Proficiencies

Items for the next newsletter are to be submitted to Lisa no later than Sunday August 14.

Entering Swim Meets

*Please check the notice board regularly for details of upcoming swim meets and details of closing dates. Any meet entries that are to be given to Lisa must be handed in with a completed entry card and full payment in a **sealed** envelope with swimmer's name, meet name and amount enclosed written clearly on the front.*

If you are unsure how to complete your entry cards, feel free to ask for assistance.

Season 2004 / 2005 Photo DVD's

Copies of the DVD shown at Presentation Night are still available for \$5. All profits go to the Club. See Lisa.

PB Challenge News

We have had 3 PB Challenge days so far this season with a total of 32 swimmers attending at least one of our challenges. Well done to **Ali, Stephanie V, Alex, Mario, Kendall, Elizabeth, Hope, Abdullah, Daniela, Stephanie B, Aneta and Tara** for attending all three. Congratulations to the following weekly winners who have each received a small voucher:

Week 1	Jessica Pratico
Week 2	Elizabeth Phillips
Week 3	Abdullah Djebarra

These three swimmers all improved their times and received the most points for that week.

Current placings are:

1st	Abdullah	142 pts
2nd	Hope	126 pts
3rd	Kendall & Jessica	103 pts

The PB Challenge is for **ALL** club swimmers regardless of age or ability. Your times are recorded and points are awarded for each swim. More points are given for beating your Personal Best times.



Abdullah, Eren, Ali and Julian