

AUSTRALIAN YOUTH PERFORMANCE SQUAD (YPS) 2009-10 CRITERIA & QUALIFYING TIMES

Events and times recognised under the YPS are listed on the attached table.

13 - 18 year-olds

YPS Gold	At least one Gold level qualifying time in any of the specified events
YPS Silver	At least one Silver level qualifying time in any of the specified events
YPS Bronze	At least one Bronze level qualifying time in any of the specified events
YPS Blue	At least one Blue level qualifying time in any of the specified events

YPS times can only be achieved in Long Course (LC) competitions.

The 2009-10 YPS will recognise performances from 1 May 2009 to 10 April 2010. To qualify for the program, all that is required is to achieve a YPS time standard listed on the attached table. All awardees are automatically notified through their clubs by the relevant State Swimming Association after the 10 April closing date. Visit the YPS section of your State Association's website to determine meets eligible for YPS.

Please note that where a swimmer has a birthday during the season and qualifies for YPS in two age groups **OR** qualifies for both JX and YPS, he/she will receive only one award, depending on the highest standard achieved in either of those age groups or programs.

YPS times can only be achieved in Long Course (LC) competitions.

YPS Gold times = the average third place finishing time at the past three Australian Age Championships

YPS Silver times = the average tenth place finishing time at the past three Australian Age Championships

YPS Bronze times = qualifying times for the 2010 Australian Age Championships.

Please note that where the average time for a category within an age group is slower than that category in a younger age group, it has been adjusted to be equivalent to the younger category.

Open water YPS recognition will be based on placings achieved at the 2010 Australian Age Open Water Championships for Gold and Silver levels. A top three finisher will qualify for YPS Gold, and a top ten finisher will qualify for YPS Silver. Swimmers who achieve a qualifying time for the Championships will qualify for YPS Bronze. The Bronze level can be achieved at any time during the qualifying period. There is no YPS Blue for open water events.

The names of all YPS members will be published on the SAL website.



Proposed YPS Qualifying Times 2009-2010

Girls																		
	13 years			14 years				15 years				16 years				17-18 years		
	Gold	Silver	Bronze	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze
50 FS	00:26.91	00:28.11	00:29.00	00:26.69	00:28.07	00:28.70	00:29.36	00:26.49	00:27.71	00:28.50	00:29.17	00:26.49	00:27.51	00:28.50	00:28.95	00:26.30	00:27.32	00:28.30
100 FS	00:58.32	01:00.74	01:02.90	00:57.97	01:00.26	01:02.00	1:03.39	00:57.38	00:59.51	1:01.40	1:02.80	00:56.79	00:59.51	1:01.30	1:02.23	00:56.62	00:59.06	1:01.00
200 FS	02:07.75	02:12.67	02:15.00	02:05.72	02:10.44	02:13.20	2:16.07	02:04.59	02:08.97	2:12.00	2:14.88	02:03.54	02:08.70	2:11.00	2:13.92	02:01.28	02:06.61	2:09.60
400 FS	04:28.20	04:39.95	04:42.50	04:26.71	04:35.90	04:37.50	4:43.38	04:22.18	04:33.95	4:34.50	4:40.66	04:19.35	04:29.82	4:33.00	4:37.01	04:15.42	04:26.93	4:31.00
800 FS	09:10.53	09:33.81	09:45.00	09:08.21	09:26.01	09:35.00	9:49.21	09:00.76	09:13.80	9:25.00	9:37.36	08:52.12	09:11.17	9:20.00	9:28.43	08:49.26	09:03.50	9:10.00
5km	Top 3	Top 10	1h 18m	Top 3	Top 10	1h 16m		Top 3	Top 10	1h 14m		Top 3	Top 10	1h 12m		Top 3	Top 10	1h 10m
10km				Top 3	Top 10	2h 40m		Top 3	Top 10	2h 35m		Top 3	Top 10	2h 30m		Top 3	Top 10	2h 30m
100 BK	01:07.15	01:09.87	01:11.50	01:05.29	01:08.43	01:10.20	1:11.87	01:05.11	01:08.17	1:10.00	1:11.71	01:04.74	01:06.95	1:10.00	1:11.14	01:03.92	01:06.32	1:10.00
200 BK	02:25.81	02:32.06	02:33.00	02:21.32	02:28.55	02:30.00	2:33.70	02:19.11	02:26.21	2:29.00	2:32.90	02:19.11	02:26.21	2:29.00	2:31.60	02:17.30	02:23.62	2:29.00
100 BRS	01:15.70	01:18.49	01:21.40	01:14.50	01:17.72	01:20.60	1:23.03	01:13.38	01:17.39	1:20.20	1:22.70	01:13.04	01:17.06	1:20.20	1:21.70	01:12.05	01:16.52	1:19.00
200 BRS	02:42.92	02:49.98	02:54.30	02:40.23	02:48.12	02:52.50	2:57.52	02:39.36	02:47.91	2:51.30	2:56.56	02:37.68	02:47.15	2:51.20	2:54.72	02:36.27	02:45.26	2:49.00
100 BF	01:04.72	01:07.19	01:09.00	01:03.17	01:06.07	01:08.70	1:10.49	01:02.88	01:05.23	1:07.50	1:09.33	01:02.40	01:04.96	1:07.50	1:08.28	01:00.99	01:04.19	1:07.00
200 BF	02:24.16	02:30.41	02:33.50	02:20.49	02:26.96	02:32.50	2:37.26	02:18.65	02:24.35	2:27.50	2:31.52	02:18.31	2:24.35	2:27.00	2:29.75	02:16.91	02:23.22	2:27.00
200 IM	02:26.88	02:31.04	02:33.00	02:21.68	02:28.52	02:31.50	2:34.75	02:20.09	02:27.11	2:29.00	2:32.28	02:20.09	02:27.11	2:29.00	2:31.18	02:18.31	02:23.95	2:28.00
400 IM	05:08.50	05:27.18	05:30.00	05:05.93	05:20.04	05:25.00	5:33.77	04:56.63	05:10.28	5:20.00	5:28.29	04:52.72	05:10.28	5:15.00	5:19.81	04:52.72	05:08.00	5:10.00
Boys																		
	13 years			14 years				15 years				16 years				17-18 years		
	Gold	Silver	Bronze	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze	Blue	Gold	Silver	Bronze
50 FS	00:25.41	00:26.69	00:27.80	00:24.86	00:25.65	00:26.60	00:27.25	00:24.37	00:25.35	00:26.00	00:26.61	00:23.99	00:24.76	00:25.50	0:26.61	00:23.58	00:24.32	00:25.00
100 FS	00:55.64	00:58.07	1:01.00	00:53.57	00:56.30	00:58.20	00:59.59	00:53.19	00:55.08	00:56.50	00:57.30	00:52.38	00:53.87	00:55.40	00:56.14	00:51.21	00:52.77	00:54.40
200 FS	02:01.59	02:06.37	2:12.00	01:58.86	02:03.41	2:06.20	2:09.16	01:55.13	02:00.12	02:03.00	2:05.76	01:53.86	01:58.26	1:59.50	2:00.97	01:52.30	01:55.10	1:57.00
400 FS	04:17.58	04:29.47	4:36.20	04:10.53	04:22.49	4:25.50	4:31.22	04:04.54	04:16.78	4:19.50	4:25.32	04:02.21	04:10.21	4:14.50	4:18.10	03:57.16	04:06.33	4:08.00
800 FS	08:53.52	09:23.26	9:37.50															
1500 FS				16:39.45	17:10.00	17:25.00	17:44.81	16:12.44	16:30.00	17:00.00	17:21.76	16:05.58	16:15.00	16:32.00	16:42.31	15:51.80	16:10.25	16:20.00
5km OW	Top 3	Top 10	1h 13m	Top 3	Top 10	1h 11m		Top 3	Top 10	1h 09m		Top 3	Top 10	1h 7m		Top 3	Top 10	1h 5m
10km OW	Top 3	Top 10		Top 3	Top 10	2h 30m		Top 3	Top 10	2h 25m		Top 3	Top 10	2h 20m		Top 3	Top 10	2h 20m
100 BK	01:03.02	01:07.06	1:09.50	01:01.00	01:03.78	1:06.20	1:08.15	00:59.96	01:02.29	01:04.70	1:06.43	00:58.76	01:01.13	01:03.20	1:04.27	00:57.11	00:59.48	1:02.00
200 BK	02:16.88	02:24.54	2:29.50	02:12.58	02:19.01	2:22.00	2:25.78	02:08.65	02:15.42	02:19.00	2:22.78	02:07.22	02:12.38	02:15.00	2:17.07	02:04.25	02:10.81	2:13.50
100 BRS	01:12.35	01:15.49	1:19.00	01:09.50	01:12.39	1:15.50	1:17.98	01:08.69	01:11.08	01:14.50	1:17.04	01:06.67	01:09.58	01:12.80	1:14.38	01:05.78	01:08.01	1:11.00
200 BRS	02:37.68	02:45.79	2:51.00	02:29.60	02:37.98	2:42.00	2:46.70	02:28.11	02:34.88	02:39.50	2:44.61	02:24.47	02:32.01	02:38.70	2:42.21	02:23.27	02:29.91	2:34.00
100 BF	01:01.42	01:04.62	1:07.50	00:58.87	01:01.41	1:04.00	1:05.86	00:57.90	01:00.12	01:01.70	1:03.23	00:56.37	00:58.41	01:00.00	1:00.88	00:55.10	00:56.94	00:59.00
200 BF	02:17.31	02:24.52	2:31.00	02:11.92	02:17.83	2:22.30	2:26.50	02:08.32	02:14.94	02:18.50	2:22.60	02:05.19	02:10.17	02:15.00	2:17.36	02:02.05	02:06.68	2:10.50
200 IM	02:19.17	02:24.00	2:29.50	02:15.05	02:19.99	2:23.00	2:26.16	02:10.33	02:18.20	02:19.70	2:22.79	02:08.97	02:13.81	02:17.00	2:19.01	02:06.62	02:11.33	2:14.50
400 IM	04:59.25	05:10.26	5:27.00	04:47.49	04:56.91	5:08.00	5:15.23	04:39.11	04:55.00	05:00.00	5:06.76	04:32.76	04:43.43	04:50.00	4:53.81	04:28.14	04:40.59	4:45.00

YPS Gold times = the average third place finishing time at the past three Australian Age Championships

YPS Silver times = the average tenth place finishing time at the past three Australian Age Championships

YPS Bronze times = qualifying times for the 2010 Australian Age Championships.